



Our Guiding Philosophy:
Superior, Science-Based Supplements

0974 5 OCT 28 P2:14

October 3, 2005



Mr. Robert Moore
Food and Drug Administration
5100 Paint Branch Pkwy
Room 4C083
College Park, MD 20740

Dear Mr. Moore,

In compliance with the final ruling for Dietary Supplements dated January 6, 2000
here are copies of our offers for your files:

Sincerely,

Lawrence Tabak

Enclosures

975 0162

LET 16827

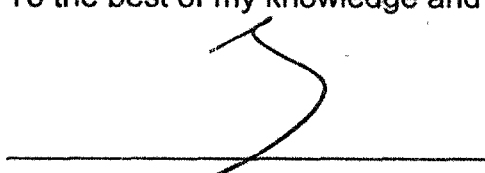
27065-7004



Our Guiding Philosophy:
Superior, *Science-Based* Supplements

I, Lawrence Tabak, certify the accuracy of the information presented and contained in the notice is complete and accurate, and that we have substantiation that the statements are truthful and not misleading.

To the best of my knowledge and belief, I believe the above is true.



Lawrence Tabak,
President

Personal Invitation

No Risk To You
if at any time you would like
postage to respond to this offer or
return product, call 1-800-749-3937
for a postage paid reply label.

[DATE]

[FINDER#]

[Firstname Lastname]
[Street Address]
[City, State Zipcode]
[Barcode]

[Firstname, sign the back. Correct address if needed.]

[Tear Here and Mail Today!]

The Secret to Maintaining a Healthy, Happy Mental Attitude

To: [Firstname] [Lastname]
[Street Address]
[Cityname], [ST] [Zipcode + 4]

[Month] [Date], [Year]

Dear [Firstname],

Are you feeling "the blues"? Finding it hard to "bounce out of bed" in the morning with a bright mental attitude?

Want some good news? If you provide the right mix of nutrients to two parts of your body - your brain and nervous system - you can give yourself a healthy, positive, enthusiastic mental attitude!

Where can you find that "right mix"? The answer is simple. The ingredients of GoodMoodFood™. They consist of 100% natural herbal extracts and vitamins - all which are specially combined to support mental and spiritual well-being.

Even better, we'll send you GoodMoodFood™ to try -

actually use it and test it for a month -
before you pay a cent for it!

Read on. . .

Just like any other part of your body, your brain and nervous system are tissues that need proper nourishment - especially as you get older. The ingredients of GoodMoodFood™ nutritionally support several key functions - that if left undernourished - can contribute to low feelings, sadness and despair.

Want more good news [Firstname]?

GoodMoodFood™ contains St. John's Wort Extract and 5 HTP. Why is this important? Because your mood is regulated by chemical message bearers - called neurotransmitters - that send impulses from your brain to the rest of your body and vice versa. One of the most vital message bearers is called serotonin.

(Please turn over)

30-DAY FREE TRIAL

Mail To:

Tabak's Health Products
1622 Deere Avenue
Irvine, CA 92606-4813

☒ **YES!** I want to have a brighter, happier mental attitude. Please rush my **FREE 30-DAY TRIAL** of GoodMoodFood™ which contains natural ingredients.

If I don't want GoodMoodFood™ for any reason, I'll return the unused portion or empty container to you and owe nothing - no questions asked. But if I decide to keep it, I'll gladly pay the bill of only \$29.97 plus shipping and continue to receive a fresh supply each month with a bill. I may cancel future shipments at any time.

X

Mail Free Trial Reservation Today!

Sign name here

- 2 -

The higher amount of serotonin and other neurotransmitters in your nerve connections. . . the brighter your outlook!

St. John's Wort Extract and 5 HTP, not only act to increase your serotonin levels, they increase the deep sleep portion of your nightly rest, and inhibit the "stress release" of certain hormones, thereby soothing anxiety levels.

Moreover, as a result of increased serotonin levels they can help to alleviate dark moods and sad feelings, that all of us get from time to time.

Send No Money Now - Risk Free Trial.

Want to have a brighter mental attitude? Send for your 1-month trial of GoodMoodFood™. Simply clip the attached 30-Day Free Trial Certificate. Sign it. Mail it. Don't send any money now, though.

If you're dissatisfied with GoodMoodFood™ - for any reason? Return the unused portion - even the empty container. Your bill will be cleared. No questions asked.

But if you decide to keep it. . . simply pay the bill that comes with it. That easy. What do you have to lose?

Give it a try - on our risk.

Sincerely,



Lisa Slemmons

P.S. Want to maintain a bright, happy mental attitude? Mail your 30-Day Free Trial Certificate for GoodMoodFood™ today.

P.P.S. GoodMoodFood™ is a 100% natural supplement. Since you can try it out for a full month before paying anything for it, give it a try.

Supporting References

1. Woelk H. "Comparison of St John's wort and imipramine for treating depression: randomized controlled trial." BMJ 2000 Sep 2;321(7260):538-9.
2. De Vry J, et al. "Comparison of hypericum extracts with imipramine and fluoxetine in animal models of depression and alcoholism." European Neuropsychopharmacology 1999 Dec;9(6):461-8.
3. Penninx BW, et al. "Vitamin B12 deficiency and depression in physically disabled older women: epidemiologic evidence from the Women's Health and Aging Study." American Journal of Psychiatry 2000 May;157(5):715-21.
4. Delgado PL, Price LH, Miller HL, et al. Serotonin and the neurobiology of depression: Effects of tryptophan depletion in drug-free depressed patients. Arch Gen Psychiatry 1994; 51(11):865-874.
5. Meyers S. Use of neurotransmitter of precursors for treatment of depression. Altern Med Rev 2000; Feb, 5(1):64-71

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Tabak's Health Products

Superior, Science-Based Supplements

1622 Deere Avenue • Irvine, CA 92606-4813